

BRIEF CV

Fred Long Foo Yee *PPA (G&P), BA(NSW), MA(Syd), DipClinPsych, C.Psychol(UK), AFBPsS, Hon.FSPsS*
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Fred Long is a Clinical Psychologist trained in Australia and the UK. He is the Founder President and Honorary Fellow of the *Singapore Psychological Society* and an Associate Fellow of the *British Psychological Society*. Altogether, he has served 34 years at the Woodbridge Hospital & Institute of Mental Health and headed the Government Psychological Service since 1984 until his retirement from the Civil Service. In recognition of his service, he was awarded the National Day *Public Administration Medal (Bronze)* in 1985, the *Long Service Medal* in 1996 and the *Public Administration Medal (Silver)* in 2000. Since the 1980's, he conducted psychological assessment on political candidates earmarked for public office. He has also played a key role in the development of the Police Psychological Unit and the Personnel Guidance Unit at the Public Service Division. In 1993, he was appointed Chief Emergency Behaviour Officer for the *National Emergency Behaviour Management System*. As Chief EBO and a member of the Police Hostage Negotiation Team, he has helped provide psychological support in a number of civil emergencies including the 1997 MI 185 and 2000 SQ 006 air crashes. He has also assisted in the mental preparation of the team members of the successful *Antartica 2000 Expedition*. For over a decade from the early 1980's, he played a key role in the Work Improvement Teams (WITs) movement in the Civil Service as a chief facilitator. For that he was given the Outstanding Facilitator's Award. As a motivation facilitator and trainer, he has conducted talks, seminars and workshops in crisis management, stress management, smoking cessation, emotional intelligence and other topics to various Government and private organisations. Following his retirement, he took up appointments as a Senior Lecturer in Psychology with the *SIM Open University Centre* (2002-2003), a Part-time Lecturer in Abnormal Psychology, *Department of Psychology, NUS* (2003-2005); an Adjunct Faculty, *School of Social Sciences, Singapore Management University* (2006-2008); and currently an Adjunct Associate Professor in the *Psychology Division, School of Humanities & Social Sciences, NTU*. He also serves as a member of the National Council on Problem Gambling. To date, he has contributed to two book chapters and published 23 papers and articles in local and international journals.

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